

DECEMBER 2019 PARKS AND RECREATION Programs & Activities, and Recreation Center Reservations

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 11:00 am —1:00 pm AA	2 6:00—8:00 Jan-Pro Cleans Rec Ctr All Day- WB Park parking lot repairs 8:00– 9:00 Cardio Crunch 9:00—10:00 ABSolutely ABS+ 10:30—11:30 Vinyasa Yoga 4:00 PRAC Meeting	3 8:30—9:15 Tone, Strengthen, & Stretch 8:00—11:00 Pickleball Open Play 9:30—10:30 Cardio Barre 10:45—11:45 Gentle (Hatha) Yoga	4 6:00—8:00 Jan-Pro Cleans Rec Ctr 8:00– 9:00 Cardio Crunch 9:00—10:00 ABSolutely ABS+ 10:00—2:00 NHC HazWagon 10:30—11:30 Vinyasa Yoga	5 8:30—9:15 Tone, Strengthen, & Stretch 8:00—11:00 Pickleball Open Play 9:30—10:30 Barre Fit 10:45—11:45 Gentle Yoga & Meditation	6 6:00—8:00 Jan-Pro Cleans Rec Ctr 8:45– 9:35 Zumba® Gold 9:45—10:45 Vinyasa Yoga	7 8:00—11:00 Pickleball Open Play 10:00—1:00 Kids' Cooking for the Holidays
8 11:00 am —1:00 pm AA 1:00—4:00 Kids' Cooking for the Holidays	9 6:00—8:00 Jan-Pro Cleans Rec Ctr 8:00– 9:00 Cardio Crunch 9:00—10:00 ABSolutely ABS+ 10:30—11:30 Vinyasa Yoga	10 8:30—9:15 Tone, Strengthen, & Stretch 8:00—11:00 Pickleball Open Play 9:30—10:30 Cardio Barre 10:45—11:45 Gentle (Hatha) Yoga	11 6:00—8:00 Jan-Pro Cleans Rec Ctr 8:00– 9:00 Cardio Crunch 9:00—10:00 ABSolutely ABS+ 10:00—2:00 NHC HazWagon 10:30—11:30 Vinyasa Yoga	12 8:30—9:15 Tone, Strengthen, & Stretch 8:00—11:00 Pickleball Open Play 9:30—10:30 Barre Fit 10:45—11:45 Gentle Yoga & Meditation 5:30 BOA Meeting	13 6:00—8:00 Jan-Pro Cleans Rec Ctr 8:45– 9:35 Zumba® Gold 9:45—10:45 Vinyasa Yoga 11:45 TOWB Employee Christmas Party	14 8:00—11:00 Pickleball Open Play (9:00—11:00 Jingle Bell Run @ WB Museum & Loop)
15 11:00 am —1:00 pm AA	16 6:00—8:00 Jan-Pro Cleans Rec Ctr 8:00– 9:00 Cardio Crunch 9:00—10:00 ABSolutely ABS+ 10:30—11:30 Vinyasa Yoga	17 8:30—9:15 Tone, Strengthen, & Stretch 8:00—11:00 Pickleball Open Play 9:30—10:30 Cardio Barre 10:45—11:45 Gentle (Hatha) Yoga 6:00 Holiday Decorating Contest	18 6:00—8:00 Jan-Pro Cleans Rec Ctr 8:00– 9:00 Cardio Crunch 9:00—10:00 ABSolutely ABS+ 10:00—2:00 NHC HazWagon 10:30—11:30 Vinyasa Yoga	19 8:30—9:15 Tone, Strengthen, & Stretch 8:00—11:00 Pickleball Open Play 9:30—10:30 Barre Fit 10:45—11:45 Gentle Yoga & Meditation 6:00 Holiday Party at Seapath Towers for all Fitness Class Participants	20 6:00—8:00 Jan-Pro Cleans Rec Ctr 8:45– 9:35 Zumba® Gold 9:45—10:45 Vinyasa Yoga	21 8:00—11:00 Pickleball Open Play
22 11:00 am —1:00 pm AA	23 6:00—8:00 Jan-Pro Cleans Rec Ctr NO FITNESS CLASSES CLASSES RESUME THURSDAY, JANUARY 2nd	24 HOLIDAY OFFICES CLOSED NO FITNESS CLASSES	25 HOLIDAY OFFICES CLOSED NO FITNESS CLASSES	26 HOLIDAY OFFICES CLOSED NO FITNESS CLASSES	27 6:00—8:00 Jan-Pro Cleans Rec Ctr NO FITNESS CLASSES CLASSES RESUME THURSDAY, JANUARY 2nd	28 8:00—11:00 Pickleball Open Play
29 11:00 am —1:00 pm AA	30 6:00—8:00 Jan-Pro Cleans Rec Ctr NO FITNESS CLASSES CLASSES RESUME THURSDAY, JANUARY 2nd	31 NO FITNESS CLASSES CLASSES RESUME THURSDAY, JANUARY 2nd				<i>Distribution:</i> Town Website Tim Owens Evan Morigerato Tony Wilson Shannon Slocum Cathy Kruezberg Non-Parks & Recreation Department sponsored activities in ()

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